

# 桂林市2019届初三年级中考适应性训练试卷

## 英语

(考试时间：120分钟，满分：120分)

### 注意事项：

1. 试卷分为试题卷和答题卡两部分，请在答题卡上作答，在本试题卷上作答无效。
2. 答题前，请认真阅读答题卡上的注意事项。
3. 考试结束后，将本试卷和答题卡一并交回。

### 一、听力测试(共30分)

(一)听句子，选图画，读两遍。(每小题1分，共5分)

				
A	B	C	D	E

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_

(二)听句子，选择单词。读两遍。(每小题1分，共5分)

6. A. listening                      B. reading                      C. eating
7. A. pea                                B. peace                        C. sea
8. A. want                                B. wonders                    C. under
9. A. think                                B. thinner                        C. thinker
10. A. health                              B. healthy                        C. ready

(三)对话理解，每段对话读两遍。(每小题1分，共10分)

A. 听五段短对话，选择最佳答案。

11. Why does Mary look so happy?  
A. Because today is her birthday.  
B. Because she's won the first prize.  
C. Because she's passed the exam.
12. What does the boy want to do this afternoon?  
A. To buy shoes.                      B. To practice driving.                      C. To meet friends.
13. When will the concert start?  
A. At half past six.                      B. At half past seven.                      C. In thirty minutes.
14. What did the girl use to play?  
A. The piano.                              B. The violin                              C. The guitar.

15. Where are they talking?  
 A. In a restaurant.                      B. In a library.                      C. In a hospital.
- B. 听第一段长对话,根据对话内容回答第16~17小题。
16. What are the woman's favorite sports?  
 A. Running and swimming.              B. Kungfu and swimming.              C. Running and Taijiquan.
17. How many years of history does Taijiquan have?  
 A. Less than three hundred years.  
 B. More than three hundred years.  
 C. About three thousand years.

C. 听第二段长对话,根据对话内容回答第18~20小题。

18. Where has Sonia been as a volunteer?  
 A. To Europe.                      B. To Asia.                      C. To Africa.
19. How were the children in Sonia's class?  
 A. Poor.                      B. Healthy.                      C. Blind.
20. What does Sonia think of her volunteer job?  
 A. Interesting.                      B. Dangerous.                      C. Hard.

(四)短文理解。听短文,根据短文内容,回答第21~25小题。短文读两遍。

21. Who wanted some information about the basketball club?  
 A. Dennis.                      B. Jim Green.                      C. Sonia.
22. How often do the members meet?  
 A. Three times a week.              B. Twice a week.                      C. Once a week.
23. When are the matches only for the team players?  
 A. On Sunday morning.  
 B. On Friday evening.  
 C. On Wednesday afternoon.
24. What should Dennis take to the ball?  
 A. A map.                      B. A sweater.                      C. A watch.
25. Where is the hall?  
 A. It's in Park Lane.                      B. It's in High Street.                      C. It's behind Park Lane.

(五)听短文,填信息,每空填一词,短文读两遍。

A School Music Club	
Teacher	Mrs. <u>26</u>
What to play	The <u>27</u>
Number of students	ten
Time	4:00 on <u>28</u> afternoons
Place	Room 58—the big room opposite <u>29</u> Room 7
Cost	<u>30</u> dollars a week



#### 四、完形填空。(每小题1分,共10分)

It may be a rare sight to see an American child practicing yoga (瑜伽). But yoga helps kids let out 46, relax and stay focused at school. A California teacher said.

“physically, 47 are already flexible (柔韧的) so it helps them to keep that flexibility that they already have; it helps them get stronger and have 48 bodies,” said Linda Masuhara, a teacher at the Yoga Seed studio. It 49 free yoga classes for kids.

To make her training 50, Masuhara has her students pretend they’re trees blowing in the 51, or they squat (蹲下) like frogs or flap their arms like butterflies.

Yoga is a kind of meditation (冥想) that relaxes the mind and body, and a key point of yoga is to 52 breathing. She teaches her students to take deep 53 before reacting to something. It is a problem-solving tool for children, helping them think 54 in a stressful situation.

Gus Russell, 11, has been doing yoga for about three years. “It was something fun to do in the morning before school,” he said. “It makes me 55 like I don’t have any requirements (要求). No one is like, You have to do this!”

Amina Noorani, 8, said yoga is “really fun and exciting.” It makes her “really relaxed.”

- |                   |             |               |              |
|-------------------|-------------|---------------|--------------|
| 46. A. heat       | B. stress   | C. fear       | D. scream    |
| 47. A. girls      | B. boys     | C. children   | D. Americans |
| 48. A. healthier  | B. smaller  | C. fresher    | D. gentler   |
| 49. A. takes      | B. offers   | C. misses     | D. attends   |
| 50. A. difficult  | B. useful   | C. fun        | D. busy      |
| 51. A. rain       | B. snow     | C. wind       | D. sky       |
| 52. A. stop       | B. keep     | C. finish     | D. control   |
| 53. A. breaths    | B. care     | C. actions    | D. look      |
| 54. A. powerfully | B. honestly | C. creatively | D. clearly   |
| 55. A. look       | B. feel     | C. sound      | D. taste     |

#### 五、阅读理解 (共35分,第56~60小题,每小题1分;第61~75小题,每小题2分)

##### A

We know health is very important to everyone. So we should try our best to keep in good health. To be healthy, we had better do the following things. It’s necessary to have a good eating habit. We should eat breakfast, drink milk and enough water every day. We must always eat more vegetables and fruit. However, we had better eat less junk food, meat and fast food. It’s also important to have a good sleeping habit. We must usually get up and go to bed early. Don’t stay up late. You should sleep eight hours or more every night. It’s a good way to relax and keep healthy by doing sports. Exercise makes us strong and fit. It’s good for our body and mind

请根据短文内容,判断句子正误,正确的写T,错误的写F.

56. To be healthy, We should drink milk and enough water every day
57. To be healthy, we had better eat more fast food.
58. It’s important to get up late.
59. We should sleep eight hours or more every night
60. Doing sports is good for our body and mind.

## B

Many people like to eat pizza, but not everyone knows how to make it. Making the perfect pizza can be **complicated**, but there are lots of ways for you to make a more basic version at home.

When you make pizza, you must begin with the crust (面包皮). The crust can be hard to make. If you want to make the crust yourself, you will have to make dough (面团) using flour, water, and yeast (酵母). You will have to knead (揉) the dough with your hands. If you do not have enough time to do this, you can use a prepared crust that you buy from the store.

After you have chosen your crust, you must then add the sauce. Making your own sauce can take a long time. You have to buy tomatoes, peel them, and then cook them with spices. If this sounds like too much work, you can also buy jarred sauce from the store. Many jarred sauces taste almost as good as the kind you make at home.

Now that you have your crust and your sauce, you need to add the cheese. Cheese comes from milk, which comes from cows. Do you have a cow in your backyard? Do you know how to milk the cow? Do you know how to turn that milk into cheese? If not, you might want to buy cheese from the grocery store instead of making it yourself.

When you have the crust, sauce, and cheese ready, you can add other toppings (配料). Some people like to put meat on their pizza, while other people like to add vegetables. Some people even like to add pineapple! The best part of making a pizza at home is that you can customize it by adding your own favorite ingredients (原料).

根据短文内容,选择最佳选项

61. The first step to make pizza is to \_\_\_\_\_.  
A. add sauce                      B. make crust                      C. buy cheese                      D. milk the cow
62. What does the underlined word "**complicated**" mean?  
A. difficult                      B. simple                      C. easy                      D. manageable
63. Which of the following ingredients do you need to have ready before you can add the toppings?  
A. Crust                      B. Sauce                      C. Cheese                      D. All of above
64. The best part of making a pizza at home is \_\_\_\_\_.  
A. By adding meat                      B. by adding vegetable  
C. by adding pineapple                      D. by adding your own favorite ingredients.
65. The author's main purpose in writing this passage is to \_\_\_\_\_.  
A. describe the history of pizza .  
B. teach a healthier way to make pizza.  
C. teach to make a basic pizza at home .  
D. provide tips about how to make your pizza especially delicious.

## C

Many people who are looking to get a pet dog get a puppy. There are many reasons why they get puppies. After all, puppies are cute, friendly, and playful. But even though puppies make good pets, there are good reasons why you should consider getting an adult dog instead.

When you get a puppy, you have to teach it how to behave. You have to make sure that the



Emmerich is blowing up Washington again in his new movie, *White House Down*. But this time the bad guys are terrorists.

*White House Down* is an action movie, but it also has an emotional side. Between the explosions and other special effects, the film deals with the relationship between the hero and his daughter.

The hero is John Cale, a soldier who served in Afghanistan. He goes to the White House for a job interview for the Secret Service. When a terrorist bomb goes off at the Capitol, the White House goes on lockdown. John is still inside with his daughter Emily. They get separated during all the danger and disorder. John has to save his daughter – and, of course, the president.

Actor Channing Tatum plays John Cale. He needed to be in good shape for the movie, since he was to perform difficult physical scenes. The actor was already known for having a good looking body. Last year, People magazine named Channing Tatum the “Sexiest Man Alive.”

Actor and singer Jamie Foxx plays the President of the United States, James Sawyer. Jamie Foxx says his character is not modeled after President Obama although the character is African-American.

Roland Emmerich says he wants his film to be like the action movies of the 80s and 90s. It explores the serious theme of American national security. But it’s also pure entertainment.

Critics are mixed about the movie. *The New York Post* says, “You couldn’t ask for a more fun summer popcorn movie.” But *The Chicago Tribune* calls it offensive and overblown.

根据短文内容,选择最佳选项

71. Which of the following statements is TRUE according to the passage?
  - A. The president in *White House Down* is modeled after President Obama.
  - B. Channing Tatum was named as the “Sexiest Man Alive” by Time magazine.
  - C. *White House Down* contains no entertainment at all.
  - D. Critics have different opinions about *White House Down*.
72. What is the main idea of Roland Emmerich’s new movie *White House Down*?
  - A. Love.
  - B. Friendship.
  - C. American national security
  - D. Relationship between father and daughter.
73. The underlined phrase “goes off” in Paragraph 4 can be replaced by “\_\_\_\_\_”.
  - A. escapes
  - B. explodes
  - C. destroys
  - D. appears
74. Roland Emmerich is a famous \_\_\_\_\_.
  - A. film director
  - B. film star
  - C. singer
  - D. dancer
75. The passage is most probably taken from \_\_\_\_\_.
  - A. a travel magazine
  - B. a film magazine
  - C. a book on American culture
  - D. a book on political science

## 六、词汇运用(每小题1分,共15分)

A. 选词填空,请根据短文内容用方框中所给词填空,把单词前的标号在答题卡上涂黑。

A. skirt	B. presented	C. tonight	D. windy	E. prize
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The headmaster 76 the prizes to the winners of the photo competition 77. Li Wei won the 78 for the subject Nature. In the City and People group, Zhao Min won a prize with a photo of a girl who wears a blouse and 79 rushing across the road, on a 80 evening in the rain. He Zhong won the prize in the Music group, and Tony Smith won the prize for the subject Home and Away.

B. 单词拼写,根据所给首字母或中文提示,写出单词在句中的正确形式。每空填一词,请将单词完整地写在答题卡上。

81. Sunday is the f\_\_\_\_\_ day in a week.
82. David found a s\_\_\_\_\_ in the cinema and sat down quickly.
83. Miss Lin has good m\_\_\_\_\_. She knows all of our name.
84. Eating l\_\_\_\_\_ and doing more exercises can help you lose weight.
85. There is nothing in the box. It's e\_\_\_\_\_.
86. Let's collect waste for \_\_\_\_\_ (回收利用).
87. He doesn't like working. In other words he is \_\_\_\_\_ (懒惰的).
88. The man showed great \_\_\_\_\_ (勇气) when he saved the child from the fire.
89. The basketball players aren't allowed to \_\_\_\_\_ (踢) the ball.
90. \_\_\_\_\_ (电) is very important in our daily life.

## 七、书面表达(共15分)

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