

- A. Oxford. B. Bath. C. Cambridge.
16. How will the man probably get to Oxford or Bath?
A. By car. B. By train. C. By bus.
- 听第 10 段材料，回答第 17 ~ 20 题。
17. Who was the speaker's first "real" teacher?
A. Susan. B. Sue. C. Rhonda.
18. In which year did the speaker have the most fun?
A. Second grade. B. Third grade. C. Fourth grade.
19. Why did the speaker like Ms. Richardson?
A. She was very kind. B. She was quite beautiful. C. She was very smart.
20. What is TRUE about the speaker's school life?
A. She became one of the best students.
B. She became lazier as time went on.
C. She got into trouble in every school year.

A

Sweet Dreams While You Sleep

Did you sleep the day away on Friday March 21? Well, you should have done that because it was World Sleeping Day.

This is the day of the year when people around the world care about their sleep and ask themselves questions about sleep.

Why do we need sleep?

Nobody as yet can give a perfect answer to this question. However, lab tests on rats have shown that lack (缺少) of sleep over about four weeks leads to a strong drop in body temperature, great weight loss and finally, death.

How much sleep?

Different people need different amounts of sleep. Eight hours a night is considered the average amount of sleep. For teenagers, the least number of sleeping hours advised by doctors are 10 hours for primary school students, nine for junior highs and eight for senior highs.

Some people seem to get along just well with very little sleep at night. Leading American scientist Thomas Edison, for example thought of sleep to be a waste of time. He did, however take naps (打盹) during the day. On the other hand, Albert Einstein, another great scientist, said he needed at least ten hours sleep a night.

How can we sleep well?

Here are some of the most popular tips for a good night's sleep:

- *Listen to your body clock, not your alarm clock (闹钟).
- *Use your bed only to sleep.
- *Get up and go to bed at the same time (also on weekends).
- *Exercise in the morning and in the early afternoon. Don't exercise in the evening.
- *Stop looking at that clock while you can't sleep! And don't worry.
- *Avoid alcohol (酒精), caffeine (咖啡因) and smoking before going to bed.
- *Keep the bedroom dark, quiet, and cool.

21. Which of the following is true according to the passage?
- A. Thomas Edison slept very long hours every day.
B. Albert Einstein needed very little sleep.
C. Doctors suggested that primary school students have ten hours of sleep.
D. Doctors suggested that junior highs have eight hours of sleep.
22. Which of the following is not a good sleeping habit?
- A. Have a cup of alcohol before going to bed.
B. Keep the bedroom dark, quiet and cool.
C. Get up and go to bed at the same time.

- D. Listen to your body clock.
23. What is implied in this passage?
- A. Bedrooms can be used for other purposes.
- B. Great scientists need less sleep than ordinary people.
- C. World sleeping day is the only time when people become concerned about sleep.
- D. Results from lab tests on rats may be applicable to humans.

Scientists are trying to save Puerto Rico's endangered Amazon parrots after Hurricane Maria destroyed the birds' habitats and food sources(来源).

El Yunque is a large national forest on the eastern part of Puerto Rico. Just two of the 56 wild parrots that once lived there survived Maria, the Category-4 storm that struck Puerto Rico in September 2017. Scientists report other forests have seen great drops in parrot populations as well.

In the 1800s, there were more than a million of the bright green parrots living in the wild in Puerto Rico. By the 1970s, the number was down to just 13 birds after years of forest clearing.

A special program was started in 1972 to help increase the parrot population, which led to the creation of three breeding(繁殖) centers. Just weeks before Hurricane Maria hit, scientists counted 56 wild parrots at El Yunque. That was the highest number in the program's history. Scientists say that even though several parrots have been born in captivity(笼养) and in the wild since Maria, the species is still in danger.

The Puerto Rican Amazon is the island's only remaining native parrot. More than 460 of the birds are kept inside the breeding centers at El Yunque and the Rio Abajo forest. Scientists have not released(释放) any of the birds since Hurricane Maria. A third breeding center, in a forest in the western area of Maricao, has not been in operation since the storm.

Scientists are considering whether to catch some of the remaining wild parrots and put them in the same cage as the birds that are set to be released. This way, the captive birds can learn from the wild birds how to survive in the forests. Another consideration is to release some captive parrots in Maricao, which was not as heavily damaged by Maria.

24. Why has the parrot population greatly decreased in the past 200 years?

- A. Because of Hurricane Maria.
- B. Because of too much hunting.
- C. Because of the loss of forests.
- D. Because of lack of breeding centers.

25. Which of the following is true about Hurricane Maria?

- A. It killed 56 wild parrots at El Yunque.
- B. It greatly affected parrots in captivity.
- C. It reduced the number of wild parrots.
- D. It led to the creation of three breeding centers.

26. What can we infer about Amazon parrots in captivity?

- A. They have the highest number in the history.
- B. They have been released since Hurricane Maria.
- C. They are used to living in the wild.
- D. They are larger in number than those in the wild.

27. What is the best title for the text?

- A. Scientists Work to Save Puerto Rican Parrots.
- B. Amazon Parrots are in Danger of Disappearing.
- C. A Special Program Helps Increase the Parrot Population.
- D. Hurricane Maria Reduced the Number of Amazon Parrots.

Little boys don't like reading any more and even little girls don't enjoy it as much as they once did: this is the accepted wisdom inside the book industry –and in many British families, too. Parents and booksellers tend to blame the growing appeal of online entertainment and handheld games, but research from the US is challenging these assumptions.

Michael Norris, an American publishing expert, will release findings in the monthly Book Publishing Report which show that, despite the best intentions, it is well-meaning mothers and fathers who often stop their sons and daughters from picking up the reading habit.

Parents have too much of a role in deciding which books their child is going to read," said Norris. It is turning children off. "

The results of a number of surveys Norris has carried out with hundreds of American booksellers over the past year have provided the basis for a series of tips for parents designed to help children find enjoyment in books.

One of his tips is to make sure children talk directly to a librarian or a book seller, while parents stand well back. Parents should allow children to choose their own reading material. Even if a mother or father is just standing with the child when the bookseller asks them what they like to read, we have found that the child will give an answer they think their parent wants to hear. It will not be the same answer they would give alone, said Norris.

Norris said, "What we have found is that parents should not worry whether a title looks too young or too old for a child. If it is children's favorite book, then let them take it." Children, added Norris, often enjoy reading books that are easy for them to understand. "My father made me read *The Hunt for Red October* by Tom Clancy when I was much too young, which, I think, was totally wrong, and I have never read another Clancy since," said Norris.

28. What did Norris think prevents children from enjoying reading?

- A. Children's interest in handheld games
- B. The declining market of the book industry
- C. Parents' influence on children's book selection
- D. The growing popularity of online entertainment

29. What do we know about the new study?

- A. It is meaningless
- B. It mainly focuses on British families
- C. It is published to improve book sales
- D. It is mainly carried out by Norris

30. What should parents do to help kids get their favorite books at bookstore?

- A. Introduce new books regularly
- B. Discuss popular books with their children
- C. Let children choose books for themselves
- D. Often seek expert advice from booksellers

31. What did Norris think of his father's act?

- A. It showed parents' worries about kids
- B. It made him love reading
- C. It was quite necessary
- D. It was totally wrong

Chizuru Kurono:

We had a dress code in my high school. We had to wear uniforms and white socks. We didn't like our dress code. The teachers warned us, "If you don't follow the school dress code, you will be considered bad students."

I didn't agree with their ideas because they didn't think about the students' rights. We wanted them to understand our ideas. In my junior high school, boys were skinheads (光头青年) because of the school dress code. We wanted to change it, so we discussed it with the teachers and with our parents. At last, we got the right to change the school dress code.

Ayumi Ono:

When we wear uniforms, we don't need extra money for clothes. For example, if we have a school uniform, we wear it every day, so we don't need to buy dresses to wear to school. I think second-hand clothes are also a good idea. These are much cheaper than new ones.

Kayo Shigenobu:

I don't think we need dress codes because wearing clothes is a way to express individuality, I want to wear clothes that I like, so I don't think school uniforms are necessary. However, a school uniform is a symbol of the school.

Mami Kanemaru:

I think a dress code is a bad thing because we cannot show our individuality. We humans each have individuality, so we had better show it to other people. If we have a dress code, we all look alike, but we are different.

Keita Ogura:

To wear the same clothes is an effective way to unite people into one way of thinking. For example, military clothes do this. In some societies, they want to increase their unity and power by making people wear the same clothes.

Yuki Masui:

When I was a high school student, we had some school rules; mainly it was a dress code. We had to wear sailor-style uniforms. Then, as in the winter season we felt cold, we wore T-shirts under our uniforms to protect ourselves from the cold. However, our teachers decided to require students not to wear undershirts. We had to follow these rules. If we didn't, we were punished.

32. What are these people talking about?

- A. Their opinions on what kind of clothes to wear.
- B. Their opinions on wearing school uniforms.
- C. Their opinions on some of their school rules.
- D. Their opinions of their schools and teachers.

33. According to Mami Kanemaru, wearing the same kind of clothes _____.

- A. will make them lose their personality to others
- B. can unite them into one way of thinking
- C. will enable them to look better than other people
- D. can save them a lot of money

34. Which group is in favor of wearing school uniforms?

- A. Ayumi Ono and Keita Ogura.
- B. Chizuru Kurono and Yuki Masui.
- C. Mami Kanemaru and Keita Ogura.
- D. Yuki Masui and Kayo Shigenobu.

35. From what Yuki Masui said we can infer that _____.

- A. many students refused to wear undershirts at school
- B. the sailor-style uniforms protected them from cold
- C. their teachers cared for their studies as well as health
- D. the students in their school had a hard time in winter

第二节（共 5 小题；每小题 2 分，满分 10 分）

根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Daily to-do lists can help you get focused and organized. Follow these tips to create a good to-do list. Notice the order.

It may help you to develop some sort of system for your to-do list. 36. You can even use a number system and mark them from 1 to 5. Items that are marked 1 might be done later, while the 5s are tasks you should deal with first.

Reduce the list.

You need to complete tasks or part of tasks one step at a time. If you have 15 minutes to spare, find something on the list that you can complete in that time period. 37., but several 15 minutes add up to something huge.

Add in something fun.

Your to-do list is no doubt full of things you may not like. That's why adding in fun activities and tasks should also be important. A fun item doesn't feel like work. It may even feel like a break. 38., you'll be more active to get them done. Don't list too much.

It's important not to overwhelm(压垮) yourself. 39. If there's too much on your plate or you have to work too fast, you can't possibly enjoy yourself and you'll only end up being frustrated and overwhelmed.

40.

Your list needs to be organized in a way that makes you feel comfortable. There are many choices nowadays. However, the old-fashioned pen and paper method may work best for you. You can also use the Internet or even your cellphone to keep your list organized.

A. Keep it organized

B. Avoid too much stress

C. Write it down the night before

D. Certainly every item on the list can't be equally important

E. You may think that 15 minutes is not enough to do something

F. When you return to the less interesting items

G. Everything that goes on your to-do list should be something important that you need to do

第三部分：英语知识运用（共两节，满分 45 分）

第一节 完形填空（共 20 小题；每小题 15 分，满分 30 分）

阅读下面短文，从短文后各题所给的四个选项（A、B、C 和 D）中，选出可以填入空白处的最佳选项，并在答题卡上将该项涂黑。

When we're young, especially in our twenties or even thirties, we may feel uncertain about our future. For years I have had no idea what I have been doing with my life, I was a thirty-year-old lawyer in New York. 41 being a lawyer was never my dream or goal in life. I honestly wanted to be a writer. I have a great 42 and would write amazing stories in my head. But I always knew that being a writer was 43 possible for me because it was a better 44 decision to stay a lawyer.

Lately, I couldn't fall asleep 45 my usual time of 10 p. m. and when I did fall asleep I had the same dream 46. The dream starts with me in the ocean 47 to go for a swim and I'm searching for something, but I start to 48 and have no control over my 49. Then a light shines through the waters and when I look up, all I can 50 is myself in a bright white mom writing a 51. Then I hear a voice say 52, "Now is the time to try something new: now is the time to try something new."

Something indescribable always stayed in my mind. It wasn't just a dream; it was my 53 to make something good out of my life. That afternoon, I 54 my job at the law firm and I couldn't have been any 55. My life started at 30, and every day 56 that point I haven't stopped enjoying life. I started to 57 and have been on the best-sellers list for the last two months. Things have definitely 58 well.

59 is a good thing; it gives us an opportunity to take a chance. So my two favorite words I live by and so 60 you are "change and chance"

41. A. However B. Because C. But D. So

42. A. information B. determination C. memory D. imagination

43. A. always B. never C. almost D. ever

44. A. original B. essential C. financial D. crucial

- | | | | |
|-------------------------|----------------|-----------------|--------------------|
| 45. A. by | B. on | C. at | D. in |
| 46. A. in the long term | B. all at once | C. on the whole | D. again and again |
| 47. A. getting | B. trying | C. agreeing | D. remembering |
| 48. A. drown | B. scream | C. escape | D. float |
| 49. A. body | B. life | C. feet | D. head |
| 50. A. imagine | B. see | C. feel | D. hear |
| 51. A. novel | B. report | C. journal | D. letter |
| 52. A. unwillingly | B. violently | C. repeatedly | D. sadly |
| 53. A. honor | B. opportunity | C. duty | D. hobby |
| 54. A. got | B. lost | C. landed | D. quit |
| 55. A. happier | B. luckier | C. worse | D. better |
| 56. A. until | B. after | C. since | D. before |
| 57. A. read | B. write | C. smile | D. work |
| 58. A. put off | B. turned off | C. cut off | D. come |
| 59. A. Change | B. Dreaming | C. Writing | D. Chance |
| 60. A. should | B. need | C. must | D. dare |

第 II 卷

第三部分：英语知识运用（共两节，满分 45 分）

第二节（共 10 小题；每小题 1.5 分，满分 15 分）

阅读下面材料，在答题卡上填入适当的内容（1 个单词）或括号内单词的正确形式。

My best friend and I walked to an ice cream shop today. I brought my water bottle out of habit and handed it to her so naturally that I had no idea why I brought it. We kept 61. (go) though. On our way, a man asked 62. either of us had money for water, or a drink or something. He was sitting on the ground at the time with a board he stopped holding up.

I offered my reusable water bottle to him. He drank all the water quite 63. (rapid). He gave my bottle back after all. I said to my friend with 64. smile, "That was why I brought it then."

On the return back from the ice cream store, I tried 65. (get) water to go, in case he might be still there. They only had mineral water and lemon water there, something he probably disliked. It turned out he was no 66. (long) there, though.

My friend and I talked about keeping water 67. (bottle) in our cars. This way, we give with healthy things 68. are truly helpful. We both like the 69. (create) idea and these things would 70. (prepare) soon.

第四部分 写作（共两节，满分 35 分）

第一节 短文改错（共 10 小题；每小题 1 分，满分 10 分）

假定英语课上老师要求同桌之间交换修改作文，请你修改你同桌写的以下作文。文中共有 10 处语言错误，每句中最多有两处。每处错误仅涉及一个单词的增加、删除或修改。

增加：在缺词处加一个漏字符号（∧），并在其下面写出该加的词。

删除：把多余的词用斜线（\）划掉。

修改：在错的词下划一横线，并在该词下面写出修改后的词。

注意：1. 每处错误及其修改均仅限一词；

2. 只允许修改 10 处，多者（从第 11 处起）不计分。

Dear Tom,

I'm glad to hear that you are considering make up with Peter. If I were you, I would consider a bike for a birthday present.

As far as I know, Peter is always in poor health, so he should take more exercises by riding a bike to have his body build up. Meanwhile, you can often go out by bike together, which was helpful in rebuilding your friendship. Besides, taking a bike is environmentally friendly means of transport. It is convenient to get

around as well. Apart from giving him a gift, and you can also adopt other means, such as traveling, seeing a movie, having dinner and going shopping. No matter how you do, being sincere is the most important. Don't hesitate, and trying to take action. I really hope that we can make up and be good friends forever.
Best wishes!

Li Hua

第二节 书面表达（满分 25 分）

假设你是红星中学高二学生李华。你的英国笔友 Jim 在给你的邮件中提到他很了解你的职业规划，请你给 Jim 回信，内容包括：

- 1. 你希望从事的职业；
- 2. 你选择该职业的原因；
- 3. 你打算为之做何准备。

注意：信的开头、结尾已经给出，请补全缺失信息。

Dear Jim,

How is everything going? I am glad to receive your e—mail, in which you asked me about my career plan for the future. Now I am writing to share it with you in details.

That is all about my career plan. What do you think of it? I am looking forward to hearing yours if you have got one.

Yours,
Li Hua